

# HEATHER ALE



*From the bonny bells of heather,  
They brewed a drink langsyne,  
Was sweeter far than honey,  
Was stronger far than wine. R L S.*

*Take the heather bells when in full bloom. Wash well in cold water. Fill a pot with heather, cover wi' water and bide for ane hour. Strain into a bowl and for ever' dozen pints add ane hauf ounce o' hops, ane ounce o' ground ginger an' a pund of swate treacle or honey.*

*Bile again for twenty minutes and when amaisit cuald add five spuns of barm.*

*Cover wi' a clout for twenty-four (h)ours. Skim careful' now and decant intae a tub leavin' the sediment ahint.*

*Bottle and cork tichtly pitting the bottles awa' in a dark place for a week.*

*At the end o' the week or hinder end quaff awa as usual.*

*There is spirit in the heather.*